



# CELTIC NEWS

**ST. DAVID CATHOLIC SECONDARY SCHOOL**

4 High St., Waterloo, Ontario N2L3X5  
Tel: (519)885-1340 Fax (519)885-1345



## Principal's Message...

Hey Celtics!

The age-old saying "time flies when you are having fun" certainly applies to this Newsletter post. It seems like yesterday when we were getting ready for an uncertain but optimistic school year and now its late May...where did the time go!?

In between, St. David has navigated the pandemic as best as possible, exclusively thanks to the efforts of staff and students, gathering as a full school community under one roof for the first time in 2 years. Here are some highlights from a student, staff, and facility point of view:

- The school continued and continues to observe COVID mitigation strategies including recommended masking, hand hygiene and increased cleaning
- Rapid Antigen Tests are available in the main office
- Clubs and teams started up, had a pandemic pause and then re-started
- Sports teams competed in D8, CWOSSA and sent athletes to OFSAA
- Team Dave robotics finished 5<sup>th</sup> in the province and qualified for the World Championships
- Our wonderful Arts program area hosted a coffee house evening as well as a highly attended "One Act" play – take a bow and bravo to all!
- Speaking of the Arts, we have invested in new lighting, audio, and video equipment
- The Mental Health of staff and students was and is of paramount importance - several initiatives throughout the year
- Due to the pandemic, our Catholic community did not meet as a whole school but our staff, led by Chaplain Annabel still did its best to bring staff and students together to celebrate our faith
- We expanded our Breakfast Club with a new, larger location!
- Looking forward to an in-person convocation ceremony on June 28!

Enjoy Your  
SUMMER



## Sem 2 Final Report Cards

Semester 2 final report cards will be mailed home during the 2nd week of July

# 2022-2023 School Start-Up



The 2022-2023 School Start Up forms are **MANDATORY** and will be accessible through School Cash Online.

**IMPORTANT NOTE: ALL families will be notified via School Messenger/Newswire when the forms are available.**

More information and instructions can be found on our website at [www.stdavid.wcdsb.ca](http://www.stdavid.wcdsb.ca).

**The following School Start Up forms are REQUIRED (accessible through School Cash Online):**

*(Please visit the SDCSS website for instructions on how to create an account, complete the forms and pay fees)*

1. **Required for ALL Students** - Pay the Student Activity Fee (**and optional \$25 yearbook**)
2. **Required for ALL Students** - Informed Consent Permission Form for Intramurals
3. **\*\* Required for ALL Students** - Student Image, Video or Voice Recording incl. Media Use Consent Form  
**\*\* THIS FORM MUST BE COMPLETED if you would like to be included in the Yearbook.**
4. **Required for ALL Students** – Critical Medical Alert Form (Life Threatening Conditions)
5. **Required for ALL Students** – Permission Form: Walks around the Neighbourhood (throughout the year)
6. **Required for ALL Students** - Responsible Use of Technology & Electronic Data Access Form
7. **Required for ALL Students** - Concussion Code of Conduct, Parent/Guardian
8. **Required for ALL Students** - Concussion Code of Conduct, Student-Athlete
9. **Gr. 10 to Gr. 12 Students Only** - Parent Consent Form for Experiential Learning Trips
10. **Gr. 12 Students Only** - Post-Secondary Institutions Disclosure of Information Consent Form

**OPTIONAL: CATHOLIC SCHOOL ADVISORY COUNCIL (CSAC): Nomination of Parent Candidate**

## Timetables

Student timetables for 2022-2023 will be made available to students through the Aspen Student Portal and to parents/guardians through the Aspen Family/Parent Portal in late August. Students and families will be notified of the publication of schedules to the Aspen portals through School Messenger and Newswire.

Parents/Guardians - Please ensure you have registered for the Aspen Family/Parent Portal and notify the school of any changes to your personal email address or primary phone number during the summer.

## Student Photos and First Day of School:

More information will be communicated to families through School Messenger/Newswire regarding student photos in September.

**Please check our website frequently for important updates.**

## Information that is or will be available on the SDCSS website:

- Schedule for the first 2 days of school, other 'Important Dates' (\*School Calendar) and information
- \* Watch the calendar for special events, PD Days, holidays, field trips, literacy test and exam dates, etc.
- Student Handbook (incl. Bell Times, Uniform, Attendance and other Policies and Information)
- Staff Directory (incl. Administrator and Guidance Counsellor alpha designations)
- School Cash Online – instructions on how to create an account, complete the forms and pay fees
- School Uniform – updates on the used uniform sale from CSAC and the McCarthy's Uniform flyer
- Bus Eligible Students Only - STSWR – Do Not Ride Form if you are opting out of student transportation
- Review Only, no signature required - Review the Violence Threat Risk Assessment Pamphlet
- Review Only, no signature required - Review Student Personal Information Collection/Use/Disclosure Notice

## Need to update your contact information?

To update your contact information (address, phone number, email address, etc.) please email the school at [bernardete.moreira@wcdsb.ca](mailto:bernardete.moreira@wcdsb.ca)

# 2022-2023 Transportation Information

Transportation details for the 2022–2023 school year will be available during the last week of August.

Parents can login and view your child's transportation details by going to [www.stswr.ca](http://www.stswr.ca) and following these 5 easy steps:

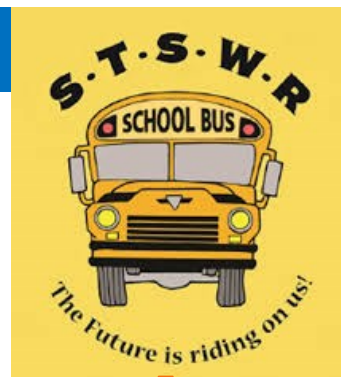
1. Click on "Student Login"
2. Enter your child's Ontario Education Number (OEN)  
*This can be found on your child's report card  
Numbers only, no space, no dash*
3. Enter your child's birth date
4. Enter your child's street number  
*House number only*
5. Select the school your child is attending from the drop down menu

**Please note:**

**Any address changes must be done through the School. Please email [bernardete.moreira@wcdsb.ca](mailto:bernardete.moreira@wcdsb.ca).**

**If you are moving this summer, communicate the changes to the school as soon as possible.**

**Please email [bernardete.moreira@wcdsb.ca](mailto:bernardete.moreira@wcdsb.ca).**



**Sign up to receive  
bus delays and cancellation  
notifications for your child's  
route(s) to your email**

**Visit [www.stswr.ca](http://www.stswr.ca) to see bus delays and cancellations, subscribe to receive e-mail notifications for late buses and closures. Follow STSWR on Twitter.**

## School Uniforms



McCarthy's has informed us that to support families during this time they have implemented an installment payment program (online only), introduced volume discount buying options and invested in a variety of web support tools to make online shopping easy & fast! All school uniform products can be exchanged for up to a year and returned until September.

Our school uniform provider, McCarthy Uniforms, has three enhanced options for shopping:

**Updated school e-stores** complete with fit videos, uniform guides and specialized advice? Visit our school store by 'searching for our school' on McCarthy Uniforms' home page. Online shoppers can also now enjoy a flexible payment plan option (interest-free payments over six weeks!).

**Private appointments available**, appointments will be made available for virtual or in store shopping. To manage your time, you can book an appointment on your home store, accessible on the website:

<https://www.mccarthyuniforms.ca/>

**Web-supported call-center** is open for shopping! Call 416-593-6900 or toll-free at 1-800-668-8261 for assistance with your school uniform purchase or questions! McCarthy's call centre is staffed with uniform specialists who know the ins & outs of our uniform policy.

We encourage families to shop early and utilize these alternative channels to avoid late-August line ups. **Long wait times will be the reality this year**, given that McCarthy's must adhere to strict social distancing measures and simply can't accept normal in-store volumes. In some cases, only five customers will be permitted in stores at any one time.

# From your Celtic Guidance Team

## Community Service Involvement

As part of the Ontario Secondary School Diploma, all students must complete 40 hours of community service over their 4 years of high school. This can begin in the summer before students begin grade 9.

Community service is an opportunity to give back to others in need or support an organization that requires assistance without getting paid to do so.

**Students who are graduating this June 2022 are only required to**

| GUIDANCE DESIGNATION         |                                   |
|------------------------------|-----------------------------------|
| Ms. K. Dietrich<br>ext. 5637 | A - E                             |
| Ms. J. Nagy<br>ext. 5638     | F - O                             |
| Ms. K. Kueneman<br>ext. 5634 | P - Z<br>& International Students |

## Specialist High Skills Major

**ENTERING Grade 11 or 12 and what to improve your resume? Consider this program!**

### WHAT IS SHSM?

Specialist High Skills Major is a provincially recognized program that allows students to gain on-the-job skills with local employers, earn industry-recognized certifications and participate in valuable hands-on experiences.

  
BUNDLED-  
CREDITS

+

  
CO-OP

+

  
CERTIFICATIONS

+

  
SECTOR-PARTNER  
EXPERIENCE

=



  
Waterloo Catholic  
District School Board  
Quality Education, Faith-Based Education



### Majors offered at St. David

|                       |  |
|-----------------------|--|
| Arts & Culture        | Information & Communications Technology        |
| Business              |  |
| Construction          | Justice, Emergency Safety & Community Services |
| Health & Wellness     |  |
| Hospitality & Tourism | Transportation                                 |

Visit [www.highskills.ca](http://www.highskills.ca) for additional program information.

SHSM is not a course, it is a program which students have 2 years to complete (in grade 11 and 12).

Students can indicate interest in this program using myBlueprint and completing the SHSM Planner on their High School Plan OR by contacting their guidance teacher.

Additional questions can be sent to the SHSM Lead at [Kris-ten.dietrich@wcdsb.ca](mailto:Kris-ten.dietrich@wcdsb.ca)





# Chaplain Reflection as we end the school year...

Chaplain's reflection - June, 2022

Many years ago I heard a definition of spirituality that stuck with me.....*spirituality is not what we can understand nor explain but it is in the assurance we are not alone.*

And it is that exact quote that had me understand just how grateful I am for Catholic Education. This past school year our board's pastoral theme was exciting –

## Sent to Build.



This bridge represents our feeder elementary schools crossing over to High School. The actual bridge represents the crucifix over which Jesus hung, helping us over the rough times as we transition to the next stage of our life.

However, there is a blank wood panel at the end of this bridge representing..... what?

St. David recently suffered a horrific loss with the death of grade 12 student Nathan Hunt. The students and staff were broken hearted at this news and gathered on more than one occasion to grieve, to pray and to comfort each other. As a community we offer our deepest sympathies to the siblings and parent of our fellow Celtic.

So, what does that blank wood panel represent? There is room on our bridge for those who have crossed over from their earthly life towards their eternal life. As a Catholic school we have faith that Jesus is with us through our struggles and our losses. We pray for the repose of the soul of Nathan, we are comforted that he is at peace and that his Heavenly father has embraced him.

This has been an incredible year of transitions here at St. David and I couldn't be prouder of the way our students travelled over this bridge where they have been sent to build community. I pray you have a safe, fun, and restful summer and look forward to seeing all of your beautiful faces in September.

God bless, Miss Annabel

# St. David Communication Tools

Follow us on.... Twitter – **@StDavidCeltics** and Instagram at **stdavidcss** and sign up for **NewsWire**

To receive news releases and updates via Newswire, [click here](#)

**NOTE:** You may withdraw your consent at any time by clicking on the link at the bottom of each email.

Subscribe to:  
**NEWSWIRE**



## IMPORTANT DATES



Tuesday September 6th, 2022 = **Back to School**



Remember to check the [calendar](#) on our website for coming events, PD Days, Exams, etc.

CALENDAR

## Welcome to St. David Catholic Secondary School



St. Agnes  
Flames



The staff and students at St. David hope that you are all doing well.  
We want to send our **CONGRATULATIONS** on your Grade 8 Graduation.

We look forward to welcoming you to St. David in September!  
Parents, we invite you to visit our website at [www.stdavid.wcdsb.ca](http://www.stdavid.wcdsb.ca)  
Link to [Grade 8 Information](#)

Follow us on [twitter](#) @StDavidCeltics and at stdavidcss

Subscribe to our [NewsWire](#) to receive news releases, updates, activities, opportunities and more!

Some of these events, such as fundraising initiatives, may contain a commercial element. You may withdraw your consent at any time by clicking the link at the bottom of each email.

# Celtic Class of 2022

The St. David staff  
want to send our  
**CONGRATULATIONS**



**In– Person Convocation  
Waterloo Recreation  
Complex**

**Tuesday June 28th @  
7pm**

**See the school website for  
details**

## Transcripts

Students not planning to return in September will receive a copy of their **Transcript** with their Semester final report card. These will be mailed home during the second week of July.



## Diplomas, Certificates & Grad Awards

**Ontario**

Ontario Secondary School Diploma

All students who have earned their OSSD will receive their diploma in the mail this summer.

## Grade 12 Used Uniform Donations

Grade 12s who are not returning to St. David are encouraged to donate their used uniform items on June 20th in the main foyer. In return, students will receive a wristband giving them permission to be out of uniform starting the morning of the 20th.

**Donations  
are greatly  
Appreciated!**

## Grade 12 Chromebook Returns



Grade 12s who have school issued chromebooks are required to return them by **Monday June 20th or sooner** to the main office.

## CSAC News (Catholic School Advisory Council)

### Parent Volunteers are Needed

Please consider how you, as a parent, can contribute to the St. David community. Email volunteer.stdavid@gmail.com to be added to the mailing list that receives information on volunteer opportunities as well as notification of council meetings and events-about 10 emails per year. This is a great way to stay connected. Volunteer opportunities range from 15 minutes (contribute a dish to the Annual Staff Appreciation Breakfast) to a few hours.

### Used Uniform Sale

We are planning to hold our annual used uniform sale but are still working on the details . More information will be sent out as plans are finalized.



### Stay Informed

CSAC meetings take place on the last Tuesday of most months Sept thru May. All parents are welcome to attend. Please watch for upcoming dates in the Celtic News. .

### Please consider volunteering!

If you are interested in joining the St. David Catholic School Advisory Council, or you would like to nominate someone, please click on the link below to access the Nomination Form.

Mail completed forms to the to: **Principal, St. David CSS, 4 High Street, Waterloo, ON N2L 3X5**

Link: [Catholic School Advisory Council Nomination Form](#)

**ALWAYS REMEMBER**

you are braver than you believe, stronger than you seem  
and smarter than you think.

*a. a. milne*

**Congratulations!**



# Contact Information

Phone: 519-885-1340

Attendance Phone Number: 519-885-4352

Website: <http://st.david.wcdsb.ca>

If you need to contact your son's or daughter's teacher, please feel free to contact them via email below:  
To email a staff member please use the following method: *firstname.lastname@wcdsb.ca*

## Taking care of you and your family this summer

School Social Workers at WCDSB will continue to work and provide support services and community referrals to staff, students and families throughout the summer. (email: [WCDSBSocialwork@WCDSB.ca](mailto:WCDSBSocialwork@WCDSB.ca))

**Front Door 519 749 2932** is open for students under 18 yrs to receive quick access services to supports.

They are open 8:40-4:30 Monday to Friday

Front Door will be open to provide services to families on **Saturdays** – July 10, 24 and Aug 7, 21 and 28.

(<https://www.frontdoormentalhealth.com/>)

If you or someone you know is in crisis outside of regular hours call **HERE 24/7 at 1-844-437-3247** or **911** or go to the **closest Emergency Department at a Hospital**. There are mental health assessments and supports 24/7 and follow up can be arranged.

If you are in need of assistance with food, contact the Region's Coordinated Food Hamper Program via the **House of Friendship 519 742 8327**.

### Other ways to take care of your mental health:

1. PRACTICE POSITIVITY
2. LAUGH
3. UNPLUG
4. GO OUTSIDE, BE IN NATURE
5. AIM TO GET GOOD SLEEP
6. <https://www.wcdsb.ca/programs-and-services/mental-health-and-well-being-at-wcdsb/>

### Apps that also promote wellness:

MindShift (from the Anxiety Canada Group, an excellent resource [www.anxietycanada.com](http://www.anxietycanada.com))

Calm (also an excellent resource from [www.calm.com](http://www.calm.com))



*Have a cool & safe Summer Break!*  
**Don't forget to read some books!!!**

# Mental Health & Wellbeing

Visit the [WCDSB Mental Health and Wellness page](#). You can find resources here to grow your knowledge on mental health & wellness topics, learn a variety of daily wellness practices that can help you manage stress, get connected when additional supports are needed, and learn about how WCDSB is promoting wellness in our school communities. On this page you can find a variety of links resources to promote wellness – both during the pandemic, and also more general resources that can be promote positive mental health in our school communities.



**School  
Mental Health  
Ontario**



@wcdsbwellness



@wcdsbsocialwork



@wcdsbhpe



@wcdsbequity



@wcdsbfaitth



@wcdsbfmfi

## June Mental Health Tip

As we wrap up the school year it's a good time to be thinking about the wide range of supports that are available throughout the summer months. There is a wider range of supports listed on our WCDSB Mental Health and Wellbeing page (<https://www.wcdsb.ca/programs-and-services/mental-health-and-well-being-at-wcdsb/>), here are a few:

### Electronic Resources & Links:

1. [SMHO No Problem Too Big or Too Small](#)  
(how to ask for help)
2. [SMHO Self-Care 101](#)
3. [WCDSB Help-seeking flyer](#) re: local supports



### A few things coming and/or in development:

[Summer Stress and Anxiety Boot Camp](#) Two 1-hour workshops for students on ways to manage stress and anxiety. (First come, first served, spots limited).

Parent Wellbeing Video Series (not yet released): A series of short, recorded sessions addressing wellbeing for parents. Watch the board's [WCDSB Mental Health and Wellness page](#) for the release of this series.

## Community Support Services



**Here 24/7 (crisis services) and Kids Help Phone** continue to provide mental health support to children, youth, and families during covid. Currently these services are primarily via phone or online.

- \* [Kids Help Phone](#): 1-800-668-6868
- \* <https://here247.ca/> or 1(844) 437-3247 for mental health crisis support.
- \* <https://jack.org/covid>
- \* [Front Door Access to Child and Youth Services](#): Waterloo Region mental health access point for children/youth = 519-749-2932 (Child and Adolescent mental services for Waterloo Region),
- \* Women's Crisis Services of Waterloo Region 24 hr crisis line: 519-742-5894  
Link: [Women's Crisis Services of Waterloo Region](#)
- \* Families needing support with accessing food – Emergency Food Hamper Program: 519-742-0662  
Link: [House of Friendship](#)
- \* Community Outreach Workers are assigned to all neighborhoods in Waterloo Region and are an excellent resource to help kids and families with supports and resources in the community. To find out who your Outreach worker is, call 519-742-8327 x 240 or email [info@familyoutreach.ca](mailto:info@familyoutreach.ca)  
Link: [Family Outreach Program](#)