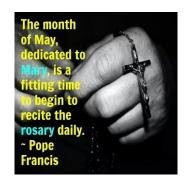


# **CELTIC NEWS**

### ST. DAVID CATHOLIC SECONDARY SCHOOL

4 High St., Waterloo, Ontario N2L3X5 Tel: (519)885-1340 Fax (519)885-1345



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# Need to update your contact information?

To update your contact information (address, phone number, email address, etc.) please email <u>Erin Kelly</u>.

# A Message from our Leadership Team...

On Tuesday, May 19, 2020 Premier Doug Ford announced that students in Ontario would not be returning to school for the remainder of this year. We acknowledge that this news is disheartening for many, but the Ontario government has made this decision to protect the health and safety of all students and staff during the COVID-19 outbreak.

Classroom teachers and school staff will continue to reach out to support students during at home learning. It is important that our students continue to feel encouraged, acknowledging the importance of learning and finishing strong. Thank you for continuing to show flexibility and for taking steps forward in yours and your child's learning journey. All updates with respect to school closures, mental health resources, learning supports and other information can be found on the board website at <a href="https://wcdsblearnathome.wcdsb.ca/">https://wcdsblearnathome.wcdsb.ca/</a>. We continue to recognize the unique position our Grade 12 students are in due to the challenges that have occurred in education this semester.

We applaud you for your dedication to your schoolwork and to achieving so much as you look to your future goals. We are still looking for ways to celebrate your achievements now and at a future Graduation ceremony when we are able. All grad fees that have already been paid will be reimbursed.

We will provide additional information as it becomes available regarding returning school items and the collection of personal items that may be in lockers. Please continue to follow the direction of Public Health and stay safe during our time apart, as always please reach out to us if you need guidance or have any questions.

Blessings to you and your families, Mr. Hinsperger, Mr. Ambeau, Mrs. Leusink

# **Student Activities Council (SAC)**

Hi Celtics!

Even though we are not physically together, Student Council continues to think about ways to interact with our school community. These past few weeks have been busy as we acknowledged Mental Health Week, Catholic Education Week and had a week of virtual Co-President Campaigns. We would like to congratulate all of our applicants on a job well done and we are pleased to welcome Paige and Kassy as your co-presidents for 2020/2021! While we are not sure what the school year will look like come September, we are sure to have a strong council of student leaders. Those Celtics who completed SAC applications can expect some additional information to arrive in their inbox soon regarding interviews and next steps. Thanks for all of the interest!

We have a few things on the go to wrap up the school year. We will be holding our virtual spirit week May 25th-May 29th, so keep an eye on our social media for ways to get involved and show Celtic Pride! We are also working to plan a fun multicultural activity for June .... Stay tuned!



# **Student Success Virtual Help**

As many students and teachers have discovered over the past 6 weeks, Remote Learning From Home certainly comes with it's fair share of challenges. Whether it's trying to juggle keeping up with your studies combined with work schedules, trying to manage family commitments, trying to develop a committed routine, or other stresses in our lives, COVID-19 and this time of physical distancing has forced all of us to make changes and adapt, and sometimes we can feel alone and not know where to find support to help us through these challenges.

We want you to know that, just like we would be in Room 229, the Student Success Team is committed to helping you. So please know that Room 229 is still open, may-

be not physically within the walls of our school, but we have established an online presence called "Student Success Virtual Help" to support your learning needs during this new method of learning.

Our Student Success Teachers, Mr. Kraehling and Mr. Bedic are available to assist you daily using an online virtual meeting tool called Google Meet.

We can assist with a variety of needs including:

- \* help you work through questions using a virtual whiteboard
- review content material with you
- clarify assignment or task expectations for you
- assist you with technological issues you may be experiencing with D2L or Google Classroom
- answer subject-specific questions
- \* provide online coaching and help you create a schedule

This is just a sample of how we can help you. So next time you are staring at the screen and are not sure how to tackle your new assignment, why not book some time with the Student Success Team, and we will do our best to meet your learning needs. Simply visit the St. David website https://stdavid.wcdsb.ca/ and click on the "Student Success Virtual Help" link on the main page. This will take you to our bookings page where you can book a specific time-slot during the school day that fits your schedule. A Student Success Teacher will then be notified that a booking has been created for that time, and will be available to virtually meet you and assist you.

# **Arts Program**

May 25-29th is Spirit Week at St. David! Do we still have spirit, even virtually? Yes we do!! Along with all the other Spirit Week activities, you should definitely check out the St. David first-ever "Virtual Coffee House" This virtual pre-recorded event will be presented on our Arts Instagram through IGTV and will include musical performances, visual art pieces, and more. Follow @stdavidarts and @stdavidcss beginning on Wednesday, May 27th, to check out all of our amazing Celtic Talent!



# **Health & Physical Education**

In addition to being physically active, the students enrolled in health and physical education have been demonstrating how to make connections that relate to health and well-being. They are identifying how their choices and behaviors affect both themselves and others, and how factors in the world around them affect their own health and well being of others. Students have been learning about the importance of protective factors to help their well being during these times. Protective factors are important aspects of our life that help keep us balanced and happy to offset the negative effects of stress and anxiety we may experience. During self isolation, students expressed how they have taken up new hobbies such as cooking, knitting, baking, gardening, puzzles, reading, learning a new skill, mailing letters, learning a new instrument and the list goes on....all of these are examples of protective factors which help build our resiliency, brightening someones day while developing a sense of positive well being!

Please sit back, click the link, relax and enjoy a break in the "Celtic Chill Zone". https://sites.google.com/wcdsb.ca/healthphysicaleducation/home





# LINK/Umbrella Project

Our Celtic LINK and Umbrella Project team have been continuing to work on supporting each other and the Celtic community during this time of remote learning. Through it all, we continue to work and grow together, nurturing



connections in new and innovative ways. We have enjoyed creating Celtic Good News episodes to add humour to these difficult days and to connect with each other by highlighting and sharing the positives that continue to happen in our community. Check out the St. David Instagram page to see the episodes!



We have also started the process of selecting next year's LINK and Umbrella Project team. Applications have been sent to student's school email accounts. We encourage interested applicants who are entering grade 11, 12 or 5th year to apply by Friday, May 29. As we continue to forge a new way of learning, growing, and connecting, I would like to share an inspiring piece of writing created by one of our LINK leaders.

### **Growth Mindset: Letting Go of Limitations**

By: Carla Stocco

"The best way to treat obstacles is to use them as stepping-stones. Laugh at them, tread on them, and let them lead you to something better." - Enid Blyton

These challenging days call us to live differently. While we may not physically be at school, there are countless opportunities to learn and grow, and now more than ever, it is beneficial to foster a growth mindset. To get you started, here are some simple steps outlining the shift from a fixed mindset to a growth mindset.

### **Get Out Of Your Comfort Zone**

It takes courage to take a step into the unknown. What lies ahead may appear daunting, yet quite often once we face our fear, we wonder why we ever doubted ourselves. To do all that we dream of, we will need to take leaps that could lead us away from comfortable familiarity.

### See Failure as a Chance to Learn

Failure is perhaps one of the most universally recognized shared human hardships in life. Failure is beneficial, as it allows us to learn from our struggle. When we view a poor test score or an athletic shortcoming through the lens of a growth mindset, we can bounce back with renewed determination and grit. Struggle will not define you. You define yourself through the actions you take to better yourself.

### **Talent is Never Fixed**

Too often, we view our capacity as fixed. We convince ourselves our writing skills are set in stone and that being great at math is a talent one is born with. The truth is that every successful athlete, writer, and scientist have worked incredibly hard to get to where they are today. A great example of such dedication is the Olympic sprinter Usain Bolt, the fastest man in the world. While many would credit his staggering speed as a God-given talent, Bolt asserts that without all his training, he would be nowhere near the speed he is capable of today. Achieving any dream begins with hard work, patience, and a desire to put forth one's best efforts.

### **Obstacles: Chances to Experiment**

Perhaps the obstacle you are currently facing seems so intimidating, you are convinced there is nothing that could remove that rock from your path. In these cases, it can be helpful to instead focus on getting around the roadblock, rather than trying to eliminate it. Obstacles may very well be a part of life, but by choosing to learn from them, we set ourselves up to better handle stress and adversity later in life.

### **See The Bigger Picture**

Life is a journey, and adopting a growth mindset can determine where it may lead, opening doors where we once saw walls. Having a growth mindset is not just about believing you are capable of growing and improving, it is about taking a leap into the unknown, trusting that wherever you end up, you'll be able to go, and grow through it all.

Right now there are many challenges and changes ahead of us. It is natural to feel scared, anxious, confused, relieved, relaxed, and even excited. There will be moments you feel overwhelmed and moments you feel calm. Embrace each moment, know that each moment will pass, and know that you have the Celtic community by your side. With a growth mindset and each other's support, we will face challenges and grow together.

# **Find the Umbrella Contest**



Hello WCDSB community, the sun is shining and we're ready for the WCDSB Find the Umbrella contest.

Enter to win a gift card and share some good news.

Visit <a href="https://wcdsblearnathome.wcdsb.ca/find-the-umbrella/">https://wcdsblearnathome.wcdsb.ca/find-the-umbrella/</a> to enter the draw and learn more about The Umbrella Project.

Check out the video here

# Celtic Class of 2020



There will be ways that we honour our grads, please stay tuned...

Guidance Notes: Attention Grade 12s who have applied to Post-Secondary Programs:

### **Post Secondary Applications:**

Students are reminded to check the status of their applications online at the college and university application websites. All communication between the student and the post-secondary institution will be delivered through these websites and through your personal email. Due to COVID-19, it is important to check these sites regularly for updated information and timelines.

### **College Applicants:**

May 1 was the deadline to accept your offer from the college you plan to attend. Students who have not yet applied to college may be able to do so at this time. This will depend on the availability of the course to which you want to apply. Please visit the <a href="www.ontariocolleges.ca">www.ontariocolleges.ca</a> website apply to determine if your desired program is still accepting applications.

### **University Applicants:**

University acceptances continue to be issued until the end of May. June 1 is the deadline to accept your offer from the university you plan to attend. If you do not receive an offer, there will be information sent out about universities that still have space in programs by mid-June.

### OSAP:

The Ontario Student Assistance Program is open for students to apply for government loans and grants. Go to <a href="https://osap.gov.on.ca/">https://osap.gov.on.ca/</a> to apply.

### Applying in the USA:

Information regarding attending a US college/university and virtual webinars available to gain more information about the process to attend school in the USA www.prepskills.com

Please feel free to reach out to your Guidance Counsellor at any time for academic advice or support.

The WE organization will be closing out the school year and honouring Canadian student change-makers across Canada!

JOIN US

Let's celebrate all the great work together with special celebrity guests like Selena Gomez, Shawn Mendes and host Lilly Singh.

SATURDAY JUNE 6, 8PM ET/PT

The WE organization is honouring Canadian students and graduates through several virtual initiatives.







Join us to celebrate extraordinary change-makers from coast-to-coast!

## CELEBRATING SOCIAL IMPACT

We want to unite students across Canada, their teachers and families with a party for the ages!

Through a week-long virtual road-trip coast-to-coast, we will celebrate students and teachers and the social impacts they made throughout the year. The week will culminate with a national broadcast hosted by Lilly Singh.

# **GET READY FOR WE CELEBRATE: CLASS OF 2020**

BRITISH COLUMBIA & THE TERRITORIES

MAY 26

THE PRAIRIES

ONTARIO

MAY 28

**EAST COAST & QUEBEC** 

**MAY 29** 

Join us during the week of May 26 - 29, for our virtual road-trip 10 AM PST / 11 AM CST / 1 PM EST

**RSVP HERE** 

to receive the tune in link, exclusive details and reminders.

# **Guidance**

# Interested in a Summer credit?

St. Louis Continuing education is providing a number of online and some in-class courses this summer.

A student may take one full-credit course in summer day school OR in summer e-learning, but not both.

Civics and careers are half-credit e-learning courses - you can take one or both.

Please use the following link to find a list of courses offered.

https://stlouis.wcdsb.ca/summer-programs/summer-credit/

You are able to go on and register under the yellow tab entitled "Summer Credit: Day School or eLearning Course Selection Form"

If your son/daughter is requesting to take a Summer Credit, please reach out to their Guidance Counselor to provide the following information:

- \* Student Name
- \* Summer school course request
- \* Replacement course for the 2020-2021 school year if applicable
- \* Parent email address along with acknowledgement that your child is aware of the expectation to participate in the course for approximately six hours per day from July 6th-30th

Scheduling for the fall is taking place. Please contact your Guidance Counsellor if you would like to change a course for the 2020-2021 school year.

Please feel free to reach out to your counsellor at any time for academic advice or support.

### **Guidance Counsellors**

At St. David we offer our students the ability to "meet" with their Guidance Counsellor to ask questions about their courses and to assist them on their academic journey. Students/families can reach out to their Guidance Counsellor via email with any questions for follow up.

Last Name A to F - Kristen DIETRICH <u>kristen.dietrich@wcdsb.ca</u>
Last Name G to O - Jennifer NAGY <u>jennifer.nagy@wcdsb.ca</u>
Last Name P to Z - Karen KUENEMAN <u>karen.kueneman@wcdsb.ca</u>
International Students - Will KNAPP <u>will.knapp@wcdsb.ca</u>
Guidance Administrative Assistant - Erin Kelly <u>erin.kelly@wcdsb.ca</u>

# **Additional School Support Contacts**

If you need to contact your son's or daughter's Student Success and Special Education teachers or Administrator, please contact them via email below:



### **Student Success Teachers:**

A to L - <u>Garry KRAEHLING</u> M to Z - <u>Steve BEDIC</u>

### **ESL Monitors:**

Anne MASOJC and Heather PIETROBON

# **Special Education Teachers:**

Gr. 10, 12 & Com. Living Prog. Student IEP's - <u>Larry SCANLON</u>
Gr. 9, 11 & Active Prog. Student IEP's - <u>Maureen O'GRADY</u>

# **Administrators:**

A to I - <u>Kevin HINSPERGER</u>

J to S - Michael AMBEAU

T to Z (+ International) - Glenda LEUSINK

# **WCDSB Learning Tools**

Visit the WCDSB Learn at Home Website with important <u>Frequently Asked Questions</u> (FAQ) section and Pray at Home resources for the most up to date information regarding learning plans and other essential information.

WCDSB D2L Platform\*

Google Classroom\*

OneNote Classroom\*

\* Students should use their GAFE logins and passwords to enter these sites



# **Take-Home Device Support**

Please call the device support number below for issues such as connecting to the internet or hardware issues with WCDSB-owned devices.

Hours of support are 8AM to 4PM, Monday to Friday.

519-578-3677 Ext: 2316



# **WCDSB COVID-19 Updates**

Be sure to check the WCDSB's

'COVID-19 Coronavirus Updates'

page for more information and updates.



# St. David Communication Tools

Follow us on.... Twitter – @StDavidCeltics and Instagram at stdavidcss and Newswire

To receive news releases and updates, please go to the St. David website homepage and subscribe to our mailing list (Newswire).

**NOTE:** You may withdraw your consent at any time by clicking on the link at the bottom of each email.







# **JA Online Programs**

Gain the skills you need to make your dreams a reality.



JA's interactive online programs for elementary and high school students focus on our three pillars: entrepreneurship, work readiness, and/or financial literacy. Below you will find a list of our current online programs.

### Our Business World

Grades: 3-6 Duration: 2 hours



Introduces students to the possibilities of entrepreneurship in Canada.

# More than Money

Grades: 3-6 Duration: 2 hours



Prepares students to manage their finances in the future.

### **Dollars with Sense**

Grades: 6-9 Duration: 2 hours



Equips students with the information to make wise financial decisions, avoid living in debt, and become insightful investors.

# **Economics for Success**

Grades: 6-10 Duration: 2 hours



Enables students to gain a stronger grasp on who they are and what role personal strengths will play in their future success.

# **Entrepreneurial Trades**

Grades: 10-12 Duration: 4 hours



Prepares students to understand, analyze, evaluate and applying financial and business skills for a successful trades career.

# Investment Strategies

Grades: 10-12 Duration: 2 hours



Teaches students to save and invest for the future.

# For more information, visit: www.jacampus.org

For More Information Contact:

JA Waterloo Region | jawr.ca | info@jawr.ca



@JAWatRegion



**JAWaterlooRegion** 



**JAWR** 



@jawaterlooregion





# A closing message and prayer

Friends,

In these times, we may feel disoriented because it feels as if all of life has been disrupted. When we look around us, we realize that much of our world is stable and predictable. The earth keeps spinning; seasons change; night turns to day; and new growth is revealing itself all around. When we feel a little discombobulated we can find stability in creation. And so we pray.

Loving Creator, open our minds and our hearts so that we may attend to God's gift of creation. Help us, Lord, to be better caregivers,

knowing that our common home belongs not only to us, but to ALL. May we be present to those in need in this trying time, And learn to show creative solidarity in moving through this crisis, so that we can build a better world together.

We pray in Jesus' name, who emptied himself to become one with us, To love us, to heal us, to bring us to abundant life.

St. David, pray for us,

Amen.

