

# Celtic X-Press

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# Heart of the community, success for each, a place for all.

#### **Important Dates**

July 15	School Cash Online Open for Grade 9 and New Students
July 15 & 16	Report Card Pick Up
Aug 28	Timetable Pick Up and Photo Grades 9 & 10 ONLY
Aug 29	Timetable Pick Up and Photo Grades 11 & 12 ONLY
Sept 2	Labour Day
Sept 3	1st Day of School
Sept 5	Photo Day
Sept 6	Opening BBQ Lunch
Sept 6	Grade 9 Assembly
Sept 11	Clubs and Teams Fair
Sept 12 & 13	SAC Retreat
Sept 16	Grade 12 Meeting
Sept 19	Meet The Teacher
Sept 19	Grade 9 Dance
Sept 20	PA Day
Sept 25	Terry Fox Run
Sept 26	Opening Mass



### A MESSAGE FROM OUR LEADERSHIP TEAM

The end of a school year brings many emotions and feelings – some of fear, some of excitement, some of wondering.

At our ending mass, I spoke to the students about how St. David is an extension of our home where it is possible that they have spent more waking hours than anywhere else between September and June. It is a place where the people are our brothers, our sisters, our parents and our friends, the classrooms are the places to be challenged, to prosper, to play, the chapel our quiet place, the library our living room, the cafeteria our dining room, and the field our playground.

Each and every student has been nurtured, cared for and supported in so many ways, by so many people who walk with them on their yearly journey. I encouraged students to take the time, whether they were at the end of their time at St. David or just beginning, to thank those who have helped them get to where they are – their family, their friends, their teachers and all of the St. David staff.

Thank you for sharing your children with us. We have had an exciting year, filled with many accomplishments to celebrate on the sport field, in the school and in the community. At our closing mass Father Quigley told us to live the dream that God has dreamt for us.

Enjoy your summer! Be Safe! Keep dreaming and see you in September!

Glenda Leusink, Michael Ambeau and Kevin Hinsperger

St. David Leadership Team



## SAC (STUDENT ACTIVITIES COUNCIL) UPDATE

It's the end of another busy school year for our Student Council.

We rounded out the year with a few very busy weeks including Catholic Education Week which included InspirEd and, thanks to the Athletic Leadership class, Fitness Feeds the Community. We had a fantastic Spirit Week (Including our Memorial Game) and an informative Mental Health Week. We were also pleased to welcome some of our future Celtics during grade 7 day and ended off our year with a school-wide BBQ in the courtyard on a gorgeous June day.

Our focus for all of our events this year has been "Called to Belong" and we have worked at making sure that each member of our Celtic Community feels that they are called to belong each day here at St. David.

We look forward to continuing this adventure next year with some new members on the council and of course our newly- elected co-presidents Sam and Sydney! So many ideas are coming to light about possibilities for next year it's an exciting time so stay tuned!

Have a great summer everyone!

### FROM THE DEACON'S BENCH

This has been a busy couple of months in the Chaplaincy Department.

Lots of classroom visits focusing on the Umbrella Skill of Empathy and providing students and staff the opportunity to learn about Christian Meditation.

The Board's Pastoral Plan, "Called to Belong," has also kicked into place. Every school was matched with a "Prayer Buddy" that we are being asked to pray for during the 3 years of the Pastoral Plan. Our Prayer Buddy School is St. Don Bosco School in Cambridge. We have begun praying for them and their needs. In the Fall we will step up our efforts and share Prayer Intentions with them.

I accompanied a small group of students to the March For Life in Ottawa during Catholic Education Week. This was a very long day...leaving from St. Mary's parking lot at 3am and getting back at 11:30pm. The day started with a beautiful Mass with Bishop Terrence Prendergast, S.J.. After lunch we moved onto Parliament Hill to hear some speakers before taking part in the March through the streets of Ottawa with several thousand of our newest friends.

We are also very happy that our Chaplaincy Department has successfully applied for and was gifted the funds to replace and renew the liturgical cloths for the classroom Prayer Centres. Approximately 70 prayer cloths will represent a major purchase with EVERY prayer centre in the school getting a new cloth.

The Grad & Closing Mass went very well. Mass was celebrated in the Gym with the Grads taking "centre stage" and our Celebrant, Fr. Brian Quigley, Pastor of St. Joseph and St. Anne Parishes offering lots of great ideas for us to think about. Community...Unity...Harmony...are just a few of the things he touched on.

Plans are well underway for the Fall and our Opening Mass is slated for Thursday, Sept. 26th.

May God continue to bless you and keep you safe, happy, and healthy this summer...and always.

St. David, pray for us.

St. Don Bosco, pray for us.

Deacon Ed



Dear Families.

The Waterloo Catholic District School Board continually strives to find new and improved ways to become Eco-friendly. Beginning with the 2019-2020 school year, St. David CSS will be going paperless.

All School Start Up information will be completed through School Cash Online. The YELLOW Student Verification Form will be the only document printed and provided to students. As per WCDSB policy, no paper copies or cash will be accepted by the school.

School Cash Online will be used throughout the year for other school related activities such as field trips, dances, sports, etc.

If you do not have a School Cash Online account, please go to <a href="https://wcdsb.schoolcashonline.com">https://wcdsb.schoolcashonline.com</a> and register. If you are new to School Cash Online, visit our helpful <a href="School Cash Online webpage">School Cash Online webpage</a> and get setup. It is important that you read all the following information carefully to eliminate confusion.

The 2019-2020 School Start Up forms are **MANDATORY** and will be accessible through School Cash Online for current students on June 1<sup>st</sup> and Grade 9 and new student Start-Up Forms will be accessible through School Cash Online on July 15<sup>th</sup>.

The Yellow Student Information Verification Form was sent home with students during the last week of May and MUST BE RETURNED to the homeroom teacher or Main Office by June 13<sup>th</sup>

Reviewed, updated and signed by the Parent/Guardian

An Emergency Contact, other than the parent/guardian must be provided

All students who will be turning 18 during the school year will be required to fill in a separate form after their 18<sup>th</sup> birthday for continued parent access to records.

### June 1st ~ The following School Start Up forms will be accessible through School Cash Online:

**Required for ALL Students** - Pay the Student Activity Fee \$50 (and optional \$25 yearbook)

Required for ALL Students - Informed Consent Permission Form for Intramurals

\*\* Required for ALL Students - Student Image, Video or Voice Recording incl. Media Use Consent Form

\*\* THIS FORM MUST BE COMPLETED if you would like to be included in the Yearbook.

Required for ALL students with dangerous, life threatening conditions – Critical Medical Alert Form

Gr. 10 to Gr. 12 Students Only - Parent Consent Form for Experiential Learning Trips

Gr. 12 Students Only - Post-Secondary Institutions Disclosure of Information Consent Form

Gr. 9 and New Students Only - Responsible Use of Technology & Electronic Data Access Form

<u>READ ONLY</u>—these documents can be found on our website – they are not posted on School Cash Online \* APC023- Student Personal Information, Collection/Use/Disclosure Notice – READ ONLY

\* Violence Threat Risk Assessment Link READ ONLY

### MARK YOUR CALENDAR



Tuesday, September 3, 2019 ~ First Day of School

June 1<sup>st</sup> ~ School Cash Online (forms) open for current students
June 13<sup>th</sup> ~ Student Information Verification Forms to be returned
July 15<sup>th</sup> ~ School Cash Online (forms) open for Grade 9 and NEW students
July 15<sup>th</sup> and July 16<sup>th</sup> (10am – 2pm) ~ Report Card Pick Up

Timetable Pick-Up & Photo Days: 9:00am – 12:00 noon in the Cafeteria Wednesday, August 28th (Grades 9 & 10 ONLY) Thursday, August 29th (Grades 11 & 12 ONLY)

# **Catholic School Advisory**

All parents/guardians of our students are welcome to attend Catholic School Advisory Council meetings. This is an excellent opportunity to get involved in the future direction of the school and/or participate in the many volunteer opportunities available throughout the year. Our first meeting is September 24th, at 6:00pm in the Library. Future meeting dates will be set during the first meeting and will be posted on the school website. If you wish to be a member of the 2019-2020 Catholic School Advisory Council, please complete the nomination form that can be found on our website under "Parents" tab.

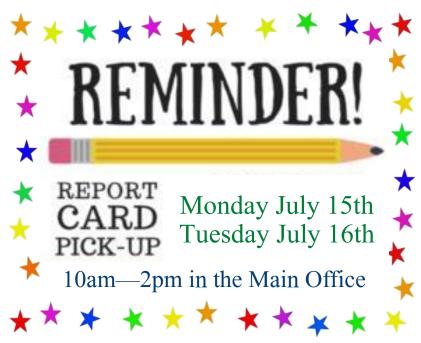
(link: Nomination Form). Forms are due to the Principal by Friday, September 6, 2019.

#### **USED UNIFORM SALE:**

The St. David Catholic School Advisory Council will be holding a 'Used Uniform Sale' during the timetable Pick-Up/Photo Days during the last week of August.

More details will be posted on our website under the "Parents" tab.

# **Report Card Pick**



#### SCIENCE OLYMPICS

On May 23, the St. David Science Olympics Team travelled to the University of Western Ontario for their annual competition.

Science Olympics provides the opportunity for student teams to experience the challenge and excitement of competing against the clock in a number of science related events, with teams from other schools. Members of the team met with their science teacher event coaches on a weekly basis to practice prior to the event.

The competition was a great success. The team had a lot of fun participating in all 22 events. Anthony Dang, Bastian Perez, Madeline Swart, and Mai Dang won silver in the "Pig Dissection" event.





### **GUIDANCE START-IP - REQUESTS FOR COURSE CHANGES**

## **IMPORTANT NOTICE REGARDING COURSE CHANGE REQUESTS:**

The Guidance Counsellors will not be available during the week of August 26th to August 30th

This is the process we will be following during the first two weeks of school:

- Timetable changes are only possible if there is room in the newly requested course(s).
- If a student is under 18, a parent signature is required on the 'Request for Course Change' form before any changes can be considered.
  - The forms can be found on a table outside Guidance August 26<sup>th</sup> August 29<sup>th</sup>.
- Priority is given to students with incomplete schedules or require changes due to summer school and/or loss of credit.
- ALL other requests will be handled on or after Wednesday September 4<sup>th</sup>
- Requests will be done in order by the date that the 'Request for Course Change' form is submitted to Guidance, not the date on the form.

Students are reminded to follow their current timetable until contacted by Guidance so the counsellors can locate the student.

# Summer assistance for students and families who may need additional supports

Summer can be an opportunity to let loose and relax, but for some, the loss of routine, structure and regular contact with a favorite teacher can have a negative impact on mental health. If you are worried about yourself or a friend, or are having thoughts of self harm or suicide, here is a list of options to see help in our community:

<u>Front Door</u> – Free walk-in counselling appointments at 1770 King Street E Kitchener:

Wednesday 12-6:30pm and Saturdays 9-3pm

**<u>KW Counselling</u>** – "walk-in" counselling sessions (no appointment necessary) Thursday 12-6pm 480 Charles St. E. (there may be a fee but subsidy is available) 519-884-0000

<u>Carizon Counselling</u> – "walk-in" counselling sessions (no appointment necessary) Tuesdays 12-6pm 400 Queen St. Kitchener (there may be a fee but subsidy is available) 519-743-6333

<u>If your family receives Ontario Works or Ontario Disability Support resources</u> – you may receive free counselling at several Agencies throughout the Region. Closest to St David is: Shalom Counseling – 9 Avondale Ave S. Waterloo 519-886-9690

Does your parent have an **Employee Assistance Program (EAP)** at work? This is a different service than a private benefit allowance. Many employers have this. Ask someone at work if the company has this. An EAP is access to **free and confidential** counselling for the employee and his/her family.

<u>Here 24/7</u> 1-844-437-3247 is a crisis line that is available to anyone **24 hrs per day/7 days per week**. \*\*There is also a walk-in office of HERE 24/7 at 1 Blue Springs Drive on the corner of King St N., Waterloo (one block up from Chapters near St David) that is open 9-5 every weekday.

<u>Victim Services</u> is a group that works with Police to assist when someone has been the victim of a crime or has been witnessed to a tragic event. They are available by calling 519-585-2363 during daytime hours and are available to come to your home to assist if necessary.

Sexual Assault and Domestic Violence treatment and support helplines and access to counselling:

519-741-8633 is a 24 hr/7day per week support line

519 749-6994 is access to supportive counselling

#### Sources of no cost or Emergency Food

Food Hamper Program 807 Guelph St. Kitchener 519 742 0662

St Vincent de Paul – contact your closest Catholic Church (you do not need to be Catholic)

If you are looking for something to do, some way to get involved, a recreation opportunity or ideas about where to volunteer – contact your <u>Community Outreach Worker</u>. These are assigned based on your address, but you can find out who is your contact by calling the St David area outreach worker Fariba at 519-742-8327 or you can look up your area at <a href="http://familyoutreach.ca/contact-us/">http://familyoutreach.ca/contact-us/</a>

Grand River Hospital is also always a 24hr/7day per week resource for you and your family if you need it. They are located at 835 King Street W. Kitchener, ON.

<sup>\*</sup>Appointments also available at Early Years Centre in Waterloo or at Kitchener Public Library, to arrange this call 519-749-2932

<sup>\*</sup>Cambridge and Township appointments also available on Tuesday/Thursdays by calling 519-749-2932

# A NEW NAME FOR SCHOOL/PARENT COUNCIL CATHOLIC SCHOOL ADVISORY COUNCIL

#### NEW!

### School/Parent Council, has been renamed Catholic School Advisory Council (CSAC).

Our mission continues to be the same. Parents and guardians of students, the principal, a teacher representative and student council Co-Chairs attend monthly meetings on the last Tuesday of the month at 6pm in the school library.

This is a great opportunity for parents to get involved, have a voice, and receive updates from the School Principal and students.

Parents' opinions and talents have a significant positive impact on the Celtic community. The CSAC is responsible for:

- used uniform sale with proceeds used for student awards and extra curricular activities;
- organizing Staff Appreciation Breakfast,

and more.

Help out when you can - commitment is minimal. Requests for volunteer opportunities are sent out throughout the year on as-needed basis.

To be notified, sign up on our volunteer list at our first meeting **Tues. September 24th, 2019**, or by sending an email to **volunteer.stdavid@gmail.com** 

Your involvement will be greatly appreciated!

