



Celtic X-Press

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Heart of the community, success for each, a place for all.

Important Dates

October 9	Fall Food Drive
October 10	Cyprus Lake Camping Trip Civvies Day
October 15-19	Spirit Week
October 17	Progress Report Distribution
October 18	College Fair Trip Conestoga College
October 25	Parent\Teacher\Student Conferences
October 26	P.A. Day
November 2	Random Act of Kindness Day
November 7	Civvies Day
November 9	Remembrance Day Service
November 14	Grade 8 Day & Take Your Kid to Work Day
November 16	P.A. Day
November 19- 23	Bullying Awareness Week
November 21	Report Card Distribution
November 23	Charity Dodge Ball Tournament
November 29	Club & Team Photos



A MESSAGE FROM YOUR LEADERSHIP TEAM

Another school year has begun and it is already October!

This year we have a new addition to our leadership team - Michael Ambeau – he comes to us from St. Mary’s where he was serving in the role as Program Head of Guidance. We are excited to be working together for our Celtic community.

The first month of school is filled with so much newness – friends, teachers, courses, activities, events and so much more. As a staff we spend our time ensuring that the transition for all of our students is a successful one because before we know it, the semester is almost done.

In our opening mass, Father Joseph de Viveiros used the line from 2nd Corinthians 4:7, “We have this treasure in clay vessels”. He talked about how we are not titanium pots but clay vessels that are easily broken by life’s hurts and it is our job not to hurt others but to find the God given treasure that is within those clay vessels. If we work toward this, then, we are truly heart of the community where we find success for each and are a place for all. We challenge each and every member of our Celtic community to find the treasure within as we journey through this school year together.

We are so thrilled to be your Celtic leadership team for 2018-2019.

– Glenda, Mike and Kevin

Reminder to all parents that School Council meets the last Tuesday of every month, in the Library, from 6:00 to 8:00 p.m.
 The next meeting date is October 30th. All are welcome.

IMPORTANT TERMINOLOGY



Students, staff and visitors in Waterloo Region's Catholic Schools have the right to learn, work and be present in a safe and secure environment. However, the possibility of a major incident of violence is a reality which cannot be overlooked. Everyone who spends any amount of time in an Ontario school on a regular basis needs to know how to protect themselves in the event of a major incident or threat of school violence.

Creating a safe and secure learning environment for all is a top priority of the Waterloo Catholic District School Board. The use of correct terminology in a crisis situation is very important. Therefore, all school lockdown, hold & secure and shelter-in-place plans will clearly explain when and why the term 'Lockdown' versus other terminology is to be used.

The term '**Lockdown**' will only be used when there is a *major incident* or threat of school violence within the school or in direct relation to the school. All individuals inside the school will immediately move to the nearest secure location and doors will be locked.

The term '**Hold and Secure**' will be used when it is desirable to secure the school due to an ongoing situation *outside* and *not related* to the school (e.g., a bank robbery occurs near a school but not on school property). In this situation, the school continues to function normally, with the exterior doors being locked until such time as the situation near the school is resolved.

The term '**Shelter in Place**' will be used when it is necessary to hold all occupants inside the school to protect them from external situations such as chemical spills, blackouts, explosions or extreme weather conditions.

Should parents have any questions or concerns about the terminology and how it is used or for more information, please do not hesitate to contact your child's Administrator or the School Office at 519-885-1340.

ROWAN'S LAW

In 2013 Rowan Stringer, a high school student from Ottawa, lost her life to Second Impact Syndrome; a brain injury caused by suffering a concussion before fully recovering from a previous concussion. In March 2018, the Ontario Government passed Rowan's Law. As part of Rowan's law, was the proclamation of Rowan's Day to occur on the last Wednesday of September each year, with this year occurred on September 26, 2018. The goal for Rowan's day is to;

- Educate staff and students about Rowan and her story
- Share key messages and education about concussions
- Create dialogue about concussions
- Share resources about concussions and concussion prevention

Period 1 teachers took about 20 minutes of their day in the classroom to share and discuss some key messages on how we can all help to recognize and prevent concussions in the future.



SISTER ACT!



The smell of summer holidays is still in the air and rehearsals and preparations for this year's musical are already in full swing. Sister Act, based on the hilarious Whoopi Goldberg comedy of the same name, goes on stage November 28, 29, and 30th and features about 85 of our talented Celtics, both on stage and behind the scenes.

Check out some rehearsal action shots.

Credit to our resident Sister Act photographer, Maria Kanellis!



ANAPHYLAXIS/SEVERE ALLERGIC REACTIONS



Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. While fatalities are rare, anaphylaxis must always be considered a medical emergency requiring immediate treatment. Signs and symptoms of a severe allergic reaction can occur within minutes of exposure to an allergen (a substance capable of causing an allergic reaction). If your child carries an EPI PEN, please consider keeping a spare pen in the main office.

STUDENT ACTIVITIES COUNCIL (SAC)

It has been a fantastic start to the year for our 2018/2019 Student Activities Council. During our first week, we were able to assist LINK in welcoming our Grade 9 Celtics and celebrate the start of a brand new school year at our opening BBQ. Before the school year began we had already set to planning for many of our fall activities. The planning and team-building was in full force as we headed to our fall retreat at Camp Kintail on September 10th and 11th. On September 13th we held our annual club and teams fair in our library. More than 20 clubs and teams were in attendance all showcasing the many ways students can get involved in our school community. Towards the end of the month, we welcomed our grade 9's to the Grade 9 Dance – a great way for our newest Celtics to socialize and get to know each other. We are so excited about our upcoming October events especially Spirit Week and our Spirit Assembly. Stay tuned for details!

ATHLETIC COUNCIL

Hey Celtics! Welcome back from your summer break! Our athletic council has been working hard to prepare fun intramurals and activities for you these past few weeks. Everyday the athletic council is organizing intramurals in the gym at 11:15am along with an "Open Gym" at lunch. Intramural basketball is happening now, from September to November, so grab a couple friends (6-10), make a team and go out and get active with your friends! It's all for fun, so make a team today! If your interested in doing all the intramurals (basketball, dodgeball, indoor soccer and handball), why not make yourself a Super Team where you create your own team shirts that you can wear on spirit days and have the chance to get on the Athletics Hall of Fame! There are so many ways that you can get involved in intramurals in our school, so go down to the gym today and have some fun! We can't wait to see the great spirit and talent in our Celtic basketball players!

We also had our 13th annual Terry Fox Run on September 27! What a great turnout for a good cause! Great work!

For more information on intramurals visit www.stdavidintramurals.ca and for more information on St. David athletics, be sure to follow us on Twitter

@StDavidAthletic and our Instagram @stdavidcss. That's all for now Celtics, have an awesome first term!



Paige Lipczynski- Athletic Council

Celtic Express Guidance News September 2018

Follow us for all guidance related information, upcoming events and important dates:

Twitter: @stdavidguidance

Website: <http://stdavid.wcdsb.ca>

UNIVERSITY/COLLEGE/APPRENTICESHIP PRESENTATION

A presentation was held on Thursday September 20 for all grade 12 students to discuss how to begin post-secondary research. At this meeting, we distributed schedules for University and College Liaison visits which will be coming to St. David this fall as well as a Scholarship and Bursary resume for students to complete. Students are encouraged to use September and October to gather information about potential post-secondary schools and programs.

The power point presentation containing the information used in this meeting can be accessed through the school website under the guidance tab.

Next Meeting:

There will be a follow up meeting for all grade 12 students on November 2 during period one to discuss the post-secondary application process and financial planning, awards and scholarships.

UNIVERSITY RESEARCH SUGGESTIONS

- www.electronicinfo.ca
- University and College visits at St. David (students will sign up in guidance to attend)
- **University Fair**

A university fair will be held on October 3, 2018 12-2:00 pm in St. David gym. This is an excellent opportunity for students to connect with representatives from many of Ontario's universities. Visit www.ouf.ca for additional dates for university fairs.

COLLEGE RESEARCH SUGGESTIONS

- www.ontariocolleges.ca
- University and College visits at St. David (students will sign up in guidance to attend)
- **Conestoga College Fair**

Conestoga College will host College Fair 2018 at the Recreation Centre, Kitchener (Doon) campus.

The night portion will be held Wednesday October 17th 5:30PM to 7:30PM

The day portion will be held **Thursday, October 18th** 10:30AM to 1:00PM. A bus will be provided for students wishing to attend this event. Permission forms will be available for students to pick up in guidance at the beginning of October.

- **St. David College Fair**

A college fair will be held at St. David on November 8 from 11:00-2:00. This is an excellent opportunity for students to speak with representatives from many of the Ontario Colleges.

Amanda

APPRENTICESHIP RESEARCH SUGGESTIONS

- www.tcu.gov.on.ca
- www.apprenticesearch.com

Take Our Kids To Work Day

On Wednesday November 14, all grade 9 students are encouraged to take part in **Take Our Kids To Work Day**. This is an opportunity for grade 9 students to accompany a family member, family friend, neighbour or other adult to their workplace for one day. Forms will be distributed in October. Please visit <https://www.thelearningpartnership.ca/events/take-our-kids-to-work-day> for further information.

GUIDANCE (CONTINUED)

Grade 8 Day

On Wednesday November 14, all grade 8 students from the St. David family of schools will visit St. David for the day. Schedules and details will be provided by grade 8 teachers.

myBlueprint

We are excited to introduce myBlueprint as our new guidance and career education tool. myBlueprint is a comprehensive education and career/life planning program with the tools students need to make the most informed decisions about their future. It is Canadian company and connects directly to relevant Canadian post-secondary resources. Students can access myBlueprint through their D2L accounts under the pathway tab. Students can still access career cruising for this school year and are encouraged to save resources they may have created and uploaded to career cruising.



FROM THE DEACON'S BENCH

Greetings and Happy Thanksgiving Celtics!!

I feel that I am extremely blessed to be back at St. David for another year.

I am excited that we will be able to continue some of the great things we have done in the past like Masses at different times as a full school, Reconciliation during Advent and Lent, Advent Wreath Liturgy, Ash Wednesday Liturgy and Stations of the Cross on Holy Thursday. Also, we are pleased that some of the Priests from our Parishes will come to celebrate Mass with one or two classes as a "Teaching Mass" where our Priest will explain the different parts and nuances of the Eucharistic Liturgy.

Last week we celebrated our Opening Mass with Fr. Joseph de Viveiros, C.R., Spiritual Animator for the School Board. Fr. Joseph encouraged and challenged us to "find the treasure" within our self and within our Celtic community and determine how best to use those treasures to be the best we can be.

Immediately after our Mass, Fr. Joseph blessed our Memory Wall which is located just outside our Chapel. The Memory Wall contains the names of students and staff who have died while attending or working at St. David. As part of the blessing, we added a plaque for Nico Flamenco-Steiner, a Grade 12 student who passed away this summer.



Please be sure and contact me if you have any questions, comments or concerns regarding any of the "Spiritual Life" activities here at St. David Catholic Secondary School. I am always very happy to speak with you.

Let us pray: O God, you graciously bestowed on Saint David of Wales the virtue of wisdom, the gift of eloquence, and you made him an example of prayer and pastoral zeal; grant that, through his intercession, our community may ever prosper and render you joyful praise.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

St. David, pray for us.

Have a great 2018-19 School year!!

Deacon Ed

CELTIC SOCCER PROGRAM

Last June, the St. David Senior Boys' Soccer Team capped off a Cinderella season by reaching the OFSAA "AA" Boys' Soccer Championships for the sixth time in the past nine years. Surprising, the boys faced some struggles during the regular season, and only managed to finish 5th in the District 8 Standings. Despite this, the boys believed that they were a better squad than their 3-3 regular season record may have indicated and managed to go on an impressive run during the playoffs. The Boys travelled to Woodland Christian, defeating the Cavaliers in the Quarter-finals. Next, the boys needed overtime to beat the St. Mary's Eagles in the Semi-finals. Finally, the boys took that confidence into the final, and on the strength of 3 goals by Kahlil Stewart, defeated the Monsignor Doyle Mustangs to capture their second consecutive District 8 title.

The Celtics moved on to CWOSSA in Paris, Ontario, and continued their strong play. After a few minor challenges in the group stage, St. David met Bishop Macdonell in the CWOSSA Championship Final for the third straight year. The Celtics managed to get some timely scoring to defeat Bishop Macdonell and complete their CWOSSA three-peat.

St. David now earned the opportunity to advance to OFSAA, with their confidence at an all-time high. The boys put together a strong tournament in Tecumseh, Ontario, and earned a berth in the Quarter-finals for the first time in St. David history. But the Celtics weren't done yet. They won their Quarter-final and were off to the Semi-finals. There, they took on a very physical Mother Teresa side from London, Ontario, and unfortunately came up short, conceding a goal in the final 5 minutes of the game when a powerful strike managed to ping off both goal posts and across the line, resulting in a 1-0 loss. The boys were disappointed, but quickly shook off that disappointment when they realized that they would still be competing for a medal. The boys elevated their game to yet another level and closed out the tournament with a 2-0 win in the Bronze Medal match, earning St. David its first ever OFSAA Boys' Soccer medal.

Following this impressive performance, the boys were formally recognized for their sportsmanship and fair play, as they received the OFSAA Team Sportsmanship Award. This award is presented to only one team at each OFSAA Championship Event for demonstrating these fundamental values of fair play and sportsmanship, and our Celtic Soccer boys were fortunate enough to receive this award. The boys played hard, they performed well, and they positively represented the school with the way they carried themselves.

St. David is extremely proud of their Boys' Soccer players for their incredible accomplishments in 2018!



ECO SCHOOLS

Five Quick Facts Regarding Eco-Schools

- 1 St. David is a Silver Certified Eco-School for the 2nd year running
- 2 You can recycle your used pens and markers in the library
- 3 Several of our water fountains are Eco-Friendly!
- 4 This year we will be getting new recycling bins to make recycling easier for everyone.
- 5 You can be an Eco-Warrior. All grades welcome. Tuesday's at lunch in room 109.

