



Celtic X-Press

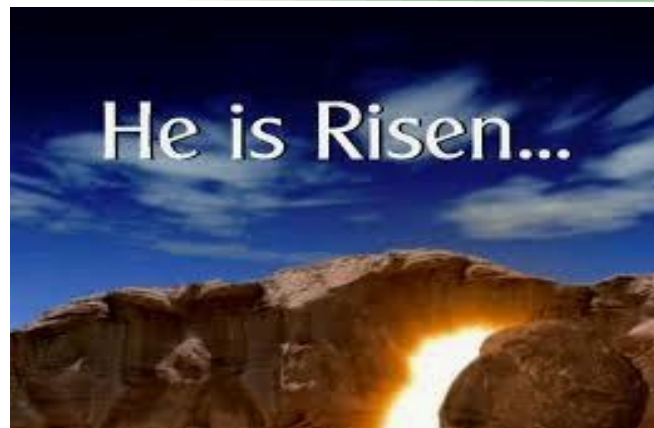
4 High Street, Waterloo, ON N2L 3X5
<http://stdavid.wcdsb.ca>

Telephone: 519-885-1340
 Attendance: 519-885-4352
 FAX: 519-885-1345

Heart of the community, success for each, a place for all.

Important Dates

April 10	OSSLT - Literacy Test
April 11	Celtic World Cup Soccer
April 19	Coffee House
April 23	Start of Food Drive
April 30 - May 4	Mental Health Week
May 2	Midterm Report Card Distribution
May 7—11	Catholic Education Week
May 8	CEW Mass
May 9	Rain Date for Celtic World Cup Soccer
May 15-18	Grade 12 Canoe Trip
May 16	Arts Night
May 22—25	Celtic Spirit Week
May 31	Grade 7 Day
June 4-8	Climbing Wall in Gym
June 6	Athletic Banquet
June 7	Grad Breakfast
June 7	Grad\Year End Mass
June 7	Arts Banquet
June 8	SAC BBQ
June 27	Graduation



A MESSAGE FROM OUR LEADERSHIP TEAM

The time has flown by since our last newsletter.

We are already close to the middle of second semester with parent-teacher-student interviews just completed this past Thursday. It was a great opportunity to reflect on learning that has occurred, where the learning will take us and how to ensure success for all. We hope that you were able to meet with your child's teachers. We also encourage students to set goals for success, seek out extra support as needed and spend the necessary time to achieve academic success. If you missed the interviews please contact your child's teachers to setup some individual meetings.

St. David's has much to celebrate with the success of school teams, intramural program, our incredibly talented musicians, Team Dave robotics club, Ontario Drama Festival participants, Together table lunch events, Skills Canada participants, HOSA and so much more. None of this would be possible without the time and dedication of our school staff and students. Thank you to all who support (especially parents) them on their journey. Congratulations on your achievements.

As we move into the remaining 68 days of the school year, we continue to look forward to where the journey will take us.

Glenda Leusink, Deanna Wehrle and Kevin Hinsperger

St. David Leadership Team

IMPORTANT TERMS AND DEFINITIONS



LOCKDOWN



Students, staff and visitors in Waterloo Region's Catholic Schools have the right to learn, work and be present in a safe and secure environment. However, the possibility of a major incident of violence is a reality which cannot be overlooked. Everyone who spends any amount of time in an Ontario school on a regular basis needs to know how to protect themselves in the event of a major incident or threat of school violence.

Creating a safe and secure learning environment for all is a top priority of the Waterloo Catholic District School Board. The use of correct terminology in a crisis situation is very important. Therefore, all school lockdown, hold & secure and shelter-in-place plans will clearly explain when and why the term 'Lockdown' versus other terminology is to be used.

The term '**Lockdown**' will only be used when there is a major incident or threat of school violence within the school or in direct relation to the school. All individuals inside the school will immediately move to the nearest secure location and doors will be locked.

The term '**Hold and Secure**' will be used when it is desirable to secure the school due to an ongoing situation outside and not related to the school (e.g., a bank robbery occurs near a school but not on school property). In this situation, the school continues to function normally, with the exterior doors being locked until such time as the situation near the school is resolved.

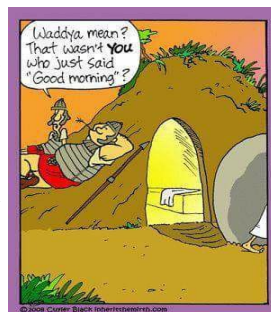
The term '**Shelter in Place**' will be used when it is necessary to hold all occupants inside the school to protect them from external situations such as chemical spills, blackouts, explosions or extreme weather conditions.

Should parents have any questions or concerns about the terminology and how it is used or for more information, please do not hesitate to contact your child's Administrator or the School Office at 519-885-1340.

FROM THE DEACON'S BENCH

The Resurrection reminds us that each new day is also a new beginning...a chance for us to start again. As sinners, we welcome those "second chances" and rejoice that through the love of God there is always hope for us to change our ways and turn back to God who loves us unconditionally.

We are gearing up for Catholic Education Week. We will celebrate a Mass on Tuesday, May 8th along with most other Catholic Schools in the Province. Fr. Aleks Mazur, Pastor of St. Agnes Parish will be our Celebrant. As well, on Wednesday, we will host a number of Catholic groups for a Lunchtime information display giving groups the chance to showcase the great things they are doing and encourage students to get involved. On Thursday, we will host a number of speakers in a series of presentations that will be based on the theme, "Renewing the Promise."



We are pleased that Fr. Toby Collins, Spiritual Animator for the WCDSB is able to spend some time in our school as well. Both Fr. Toby and I are visiting with classes and leading discussions on various topics of general Q & A chats.

Students and Staff continue to gather in the Chapel to pray the Rosary every Wednesday during the lunch period.

Please contact the Chaplaincy Office if you have any questions. Alleluia!! He is Risen indeed!!

Deacon Ed, Chaplain

2018 ECOO WCDSB PROGRAMMING CHALLENGE

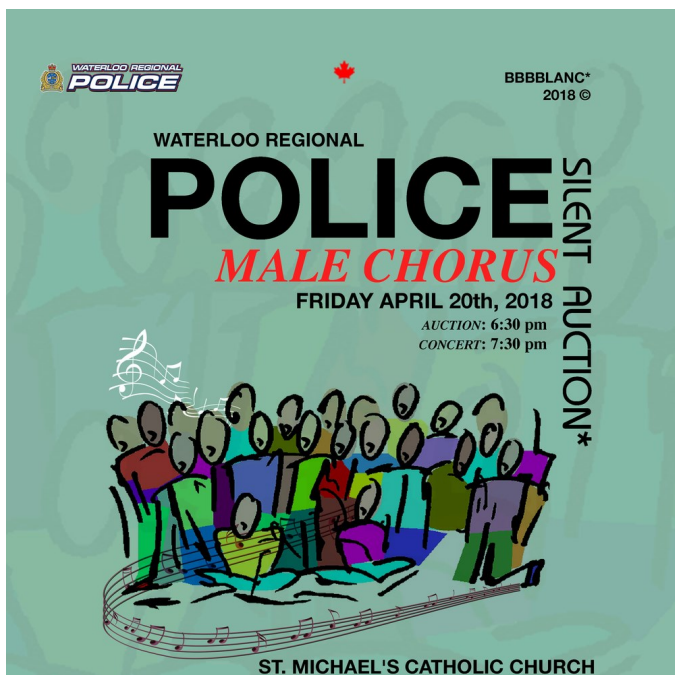


Congratulations to our St. David's programming team who placed first at the ECOO WCDSB programming challenge! The team members (from left to right) are Sean Tank, Michael Carvalho, Devin Blankespoor and Tamara McMahon. They will be competing for a place at the Western Regional Challenge on April 28th at the University of Western Ontario, London. Go Celtics Go!!!

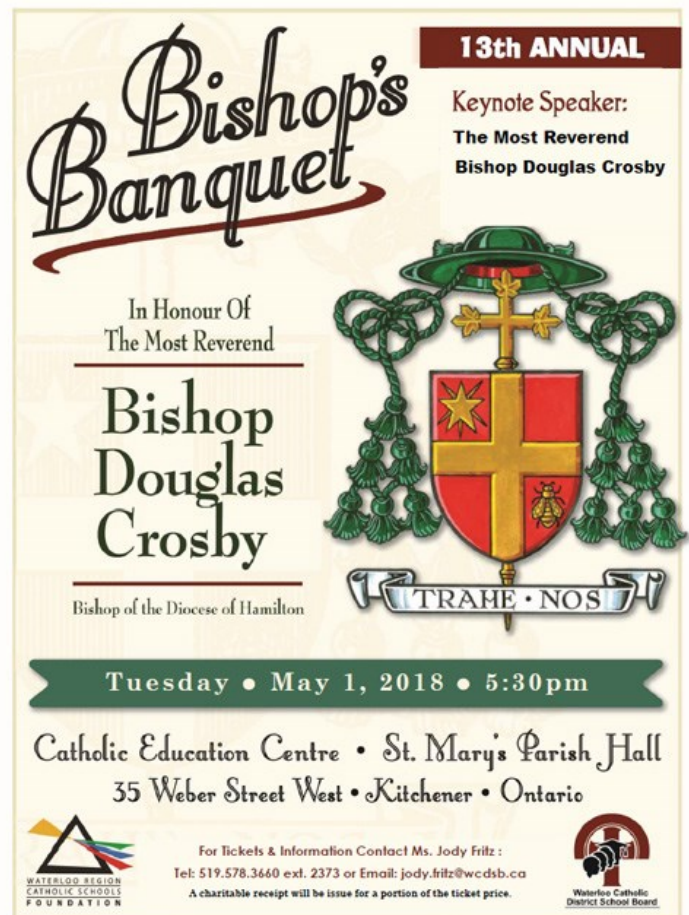
FROM ST. MICHAEL'S PARISH

St. Michael's Catholic Church (University and Hemlock) in **Waterloo** is thrilled to welcome the **Waterloo Regional Police Male Chorus** on **Friday April 20, 2018** at 7:30 pm. The 50-member chorus is a non-profit organization and has performed across Canada and travelled to the United States and Europe. Since its formation in 1973, the chorus has raised more than \$1.25 million for charitable events. The proceeds from the April 20th performance will benefit the **St. Michael's Refugee Fund**. For more information, to purchase tickets (\$20), to become a sponsor or donate an item for the Silent Auction, please call Diane at [519-725-2226](tel:519-725-2226) or St. Michael's during office hours at [519-884-9311](tel:519-884-9311) (ext.0). St. Michael's has a long history of sponsoring refugee families from many countries.

Thank you for your support.



FROM THE WATERLOO CATHOLIC SCHOOLS FOUNDATION



NEWS FROM THE GUIDANCE DEPARTMENT

Celtic Express Guidance News **April 2018**

Follow us for all guidance related information, upcoming events and important dates.

Twitter: [@stdavidguidance](https://twitter.com/stdavidguidance)

Website: stdavid.wcdsb.ca

Remind

All students are encouraged to join “Remind”, a texting service which allows us to share relevant academic and extra-curricular information to our students. Students simply text the number and message below:

778-651-9722

Type the appropriate message according to your graduating year:

Class of 2018 – @sdav2018 (Grade 12s)

Class of 2019 – @sdav2019 (Grade 11s)

Class of 2020 – @sdav2020 (Grade 10s)

Class of 2021 - @sdav2021 (Grade 9s)

Summer School

Summer school information and applications are now available in guidance. Please see your guidance counsellor for further information.

Post Secondary Applications

Students are reminded to check the status of their applications online at the college and university application websites. All communication between the student and the post secondary institution will be delivered through these websites and emails. Students who have not yet applied to college may be able to do so at this time. This will depend on the availability of the program to which you want to apply. Please visit the ontariocolleges.ca website apply to determine if your desired program is still accepting applications. University acceptances continue to be issued until the end of May. In June the OUAC will post all Ontario University programs that have space, along with the minimum required average.

US College Expo

There will be an information session for students or parents looking to understand all aspects of the US College admissions process on **Saturday April 28, 2018** at Roy Thomson Hall in Toronto. Go to uscollegexpo.com for further information.

Graduation Ceremony

Graduation Ceremonies will be held at **7 p.m. on Wednesday, June 27th** at the **Waterloo Recreation Complex**. Fees are payable at School Cash Online and are due by April 2, 2018. Please contact the school to arrange payment if you did not pay by the deadline.

Community Service Hours

Visit www.volunteerkw.ca for local volunteer opportunities. **Grade 12 students need to complete these hours by April 27, 2018 in order to be eligible to graduate.**

Guidance Counsellors (by alpha)

Ms. K. Dietrich (Students A - D)
Mr. P. Lehmann (Students K - Ph)

Mr. W. Knapp (Students E-J & International Students)
Ms. K. Kueneman (Students Pi-Z)

AN AUTHENTIC FRENCH EXPERIENCE

On December 6th, the grade 11 students in Madame Rinaldi's French class took part in an immersion experience right here in Ontario! Students travelled to Toronto to enjoy authentic French cuisine at **Le Papillon** on Front St. The entire experience began with a greeting from our French speaking wait staff, a choice of authentic French menu options and plenty of opportunities for our students to practice their French speaking skills. After lunch, we made our way to **Le Théâtre Français** on Berkley St. The performance called **Les Zinspirés** is made up of 5 short plays written by French students from various schools through Ontario, directed and performed by professionals, *en français*. A brief question and answer period after the play provided an opportunity for authentic interaction in French directly with the actors. Students were able to discover the possibilities to use their French language skills within the arts, in front of and behind the scenes. The possibilities are truly endless!

This experience has provided the inspiration for some of our students to explore the possibility of writing and submitting plays of their own for the competition, **Les Zinspirés 2018!** Stay tuned...



ST. DAVID ATHLETIC COUNCIL

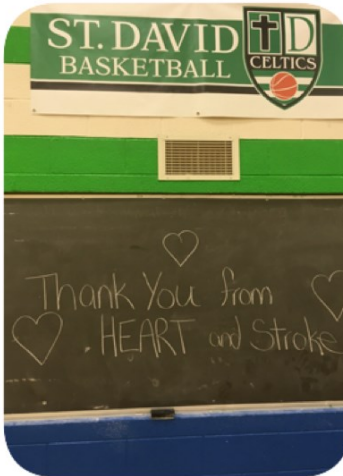
Hey Celtics! Over the past month, Athletic Council has been busy bringing St. David fun activities and intramurals. Congratulations to the intramural team LADS for winning the soccer division in a shootout against the Slugs. The handball intramural season will be starting after Easter. Come out and play some handball with a group of your friends at lunch. It's all for fun! This past month the Athletic Council decided to start their own intramural team. We are excited to play against the awesome intramural teams in the upcoming handball season!

Athletic Council Member
Grace Solyo



HOOPS FOR HEART

On Thursday March 22nd, 2018 the St. David Celtics held their annual Hoops for Heart basketball tournament. More than \$1300 was raised towards the Heart and Stroke Foundation. There was a total of 14 teams and 140 participants. The event is held every year to raise money and awareness about Heart and Stroke victims and survivors. It is an event many students look forward to on the calendar each and every year. We had Gina Sweet, a representative from the Heart and Stroke foundation talk about symptoms of a stroke and how to detect a stroke in its early stages. Gina also showed us a video on an Olympic athlete whose mother suffered a stroke and passed away. Our goal for this tournament was to raise money for heart and stroke research, and to raise awareness in a fun way.



HUGE WIN FOR TEAM DAVE

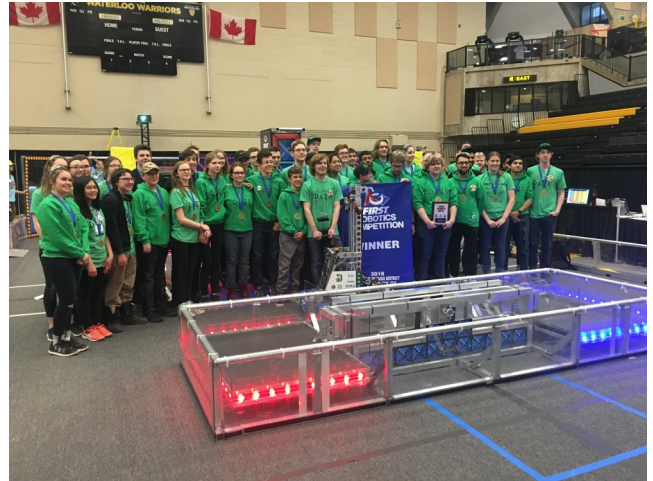
We are excited to share that Team Dave, along with their alliance partners, won the recent UW FRC competition!

In addition to the gold medals, we are extremely proud to say the Team was also awarded the Gracious Professionalism Award. The members of Team Dave assisted 15 teams throughout the 2 day competition with challenges including assisting with tools, and software.

A Celtic, Noah Betik, was nominated by Team Dave for the Dean's List. He was recognized at the competition and will progress to the district level.

Be sure to check out www.teamdave.ca for blogs, information, and videos about the team's amazing journey.

Thank you for your continued support of Team Dave.



HOSA MEDICAL CLUB



On March 27-28, our first ever HOSA medical club represented our school at the national Spring Leadership Conference in Toronto! The conference consisted of competitions from all areas of healthcare and health science, as well as engaging workshops where real life skills used by medical professionals are taught to interested individuals. The team had an amazing time, while competing against thousands of students from across the country. We hope to see many new faces when we come back next year!

THANK YOU TO SCHOOL COUNCIL



A huge "*thank you*" goes out to the members of our School Council for the funding to update our Memory Wall.

The Memory Wall, which is located outside the Chapel, recognizes Celts, both students and staff who have passed away while they were attending or on staff here at St. David.

The "laser engraved" wooden plaques are a beautiful addition to our Memory Wall.

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

POSTIVE PARENTING SEMINAR SERIES
(free single evening workshops, no certificates given)

Title	Dates	Time	Location/Address
Children & Stress Children get stressed, too! Whether it is busy schedules, feeling unable to meet expectations, conflict in relationships, daily worries, or any other challenge, our kids can be affected by stress in the same way we are. This workshop will help you identify signs that your child is feeling stressed and give you strategies to help your child deal positively with stress.	Thursday, May 10, 2018	6:30pm – 8:30pm	KW Counselling Services 480 Charles Street East Kitchener
Sex, Relationships, Technology & the Media: Talking to Teens About These Important Topics Many parents, guardians and care givers struggle with talking to children and teens about sex. However, sexual health education is not just about sex. It also includes information about relationships, decision making, health and well-being and peer pressure. As a parent, guardian and care giver you are in the best position to provide your child with valuable information. This workshop will provide you with the tools and resources to enable you to become a go-to person for sexual health information, share your values and beliefs, and learn how to take advantage of teachable moments.	Thursday, May 24, 2018	6:30pm – 8:30pm	KW Counselling Services 480 Charles Street East Kitchener
Encourage a Love of Learning Do you worry about your child's academic achievement? Is your child worried about grades or test scores? Does your child resist going to school at times? Do you struggle to get your child to do homework, practice skills, or even seem interested in learning? In this workshop, we will shift the focus from achievement and "product" and will, instead, look at the process of learning. As a parent or an educator, you will learn practical skills to help children become excited about and open to learning. We will discuss how exploration, risk-taking and failure build resilience and help children develop important life-long learning skills. We will also explore how relationships create motivation for and openness to, learning.	Tuesday, May 29, 2018	6:30pm – 8:30pm	Resurrection Catholic Secondary School 455 University Avenue West Kitchener
Connecting with Our Teens Become involved in your teen's life in a way that your teen will welcome! Learn how to keep the lines of communication open, and help them: make responsible choices, handle peer pressure, and feel good about themselves.	Tuesday, June 5, 2018	6:30pm – 8:30pm	St. David Catholic Secondary School 4 High Street Waterloo

Thanks to our generous sponsors:



KW
Counselling
SERVICES



A REMINDER FROM THE WCDSB



<https://www.wcdsb.ca/our-schools/register-for-school/support-catholic-education/>

GIRL'S HOCKEY

The girl's hockey team had an outstanding season. They came in first for District 8 by defeating St. Mary's in 2 games. At the CWOSSA championships in Kincardine, they faced #1 seeded Kincardine in the final game and won 2-1, punching their ticket to OFSAA. At the OFSAA championship in Timmins they faced the best A/AA teams in Ontario. The girls dug in and came up with a Bronze. A fantastic end to a fantastic season.



AN INVITATION FROM WILFRID LAURIER UNIVERSITY



REB #5461

YOU ARE INVITED TO PARTICIPATE IN A RESEARCH STUDY:

Physical Activity and Sport for Young People in the Region of Waterloo

Purpose: Physical activity and sport are important for social, physical, and psychological development; however, there are many barriers that hinder families from becoming active. The purpose of this research is to examine the physical activity and sport involvement of young people within the Region of Waterloo and determine if there are any barriers to participation. The findings will be used to develop programs that fit the needs of families in the region.

About the Researchers: The two principal researchers are PhD candidates at Wilfrid Laurier University who are conducting this research with Sun Life's Centre for Physically Active Communities. The research advisors (Dr. P. Bryden, Dr. P. Fletcher, Dr. J. Robertson-Wilson, and Dr. M. Eys) are professors in the Department of Kinesiology and Physical Education.

Participants: Caregivers of children aged 4 to 18 who live in Kitchener, Waterloo, Cambridge, or the surrounding townships are invited to participate in this study.

Procedure: Caregivers will be asked to complete an online survey that requires approximately 20-25 minutes. This survey includes demographic information, as well as information about the children(s) participation in physical activity and sport.

After completing the survey, the caregiver has the opportunity to participate in an interview with one of the principal researchers to provide more details about physical activity and sport involvement in the Region of Waterloo. If interested, the caregiver will provide his/her contact information that will be separated from the survey data. Caregivers have no obligation to provide contact information, and they can withdraw this contact information from the researchers at any point in time.

Should you be interested in participating, you will be contacted within one month of providing your contact information. Your contact information will be stored on a password protected computer for up to five years. Your data from this study will be kept indefinitely, which allows for reanalysis in the future.

Interested in Participating?

If you are interested in participating in the survey, please follow link one below.

1. https://wluppsychology.co1.qualtrics.com/jfe/form/SV_29losaZSL4aKKTr

If you are interested in participating in the interview and not the survey, please follow link two below.

2. https://wluppsychology.co1.qualtrics.com/jfe/form/SV_e57FIKDA2b4dIc5

If you would like more information, please contact Nicole Reinders at nreinders@wlu.ca.

ACOUSTIC CHARITY CONCERT

On March 7th, 2018 close to 300 students contributed money and gathered together during period 4 in our cafeteria to take in our 15th Annual Acoustic Charity Concert. In the past, our students have raised over \$15,000 for various causes. This year, close to \$1000 went to Haven House in Cambridge. Congratulations to our incredible performers who worked together to put on a wonderful show. Enjoy the video highlights: [Please click here](#)

SPRING COFFEE HOUSE

The Spring Coffee House takes place on Thursday, April 19, 2018 at 7:00 p.m. Donations are to be made at the door. All money raised for this show goes to the Gord Downie and Chanie Wenjack Fund.

ARTS BANQUET

Our Arts Council has been busy planning this year's Arts Banquet, to be held in our cafeteria on June 7th, starting at 5:30 p.m. Information will be forthcoming.

ONTARIO DRAMA FESTIVAL

Congratulations to the *Drama Club* on their performance of "Orphan Trains" at the *Ontario Drama Festival* at SJAM! During the last week in February, the cast and crew represented St. David with talent and class! The performance was spectacular with both the actors and tech working together with great focus. Following their show, the students received a private adjudication with notes for each role. The cast and crew also attended drama workshops, a beautiful banquet and dance celebration on the final day of the Festival. At the Awards Ceremony, our *Drama Club* received a Distinctive Merit Award for their vocal work as an ensemble! Maria Giron-Lambour also received an "Outstanding Actor" award for her performance on stage. Congratulations again to all involved!

